



“Whitepine Whispers”

News of Whitepine Grange #102

9 Faro Lane, Trout Creek, MT 59874

Published by Friends of Whitepine Grange

December 2022

Whitepine neighbors turn out for flagpole dedication

It was a cold, blustery morning, but about 30 friends, neighbors and Whitepine Grange supporters came to the dedication of the Grange’s first flagpole.

The event was Nov. 11, 2022—Veterans Day—and many of the participants were veterans, including members of the Thompson Falls American Legion Post.

Festivities began inside, with the Trout Creek School Choir singing the National Anthem, led by director Alicia Wenz. Carolyn Nesbitt, Grange vice-president, then paid tribute to the flag and the volunteers who made the flagpole happening.

Whitepine Grange was chartered in 1938 and originally met at the Whitepine School (which burned down in the early ‘60s). The present Whitepine Grange building was constructed in 1961. Now, six decades later, the Grange finally has its own flagpole.

The 32-foot larch pole was locally harvested and prepared by Grange volunteers Don Manning, Monte Nesbitt and Tim Greene.

A solar light mounted at the top of the pole ensures that Old Glory can fly 24 hours a day for decades to come. Visible from the highway, it’s a beautiful sight!



From the president:

Let's come together!



In the past year, Whitepine Grange has accomplished some amazing things. We're all delighted with the surge in membership, the many improvements that have been made to the physical building, and the ways we've been able to help our "community."

More important than all that, however, are our efforts to bring an old but still growing rural population back in touch with its neighbors. Folks who've been around here for many decades still appreciate face-to-face contact, but they experience less of it as age and health issues isolate them from old friends. Folks who've just moved here are coming from urban areas where a cell phone screen still holds more fascination to them than the family of deer in their new backyard. Young people in particular are growing up without realizing that face-to-face physical contact with humans is necessary for their mental health and physical well-being.

The Grange fosters that one-on-one "let's get together" neighborhood spirit, and that's probably our biggest and most worthy contribution. Grange membership gives us rural folks an identity...a peer group that bonds us together and protects us from isolation that can lead to depression and even suicide. Did you know suicide is more prevalent in rural areas? We can change that by continuing to **reach out** and **draw in** our neighbors, and the Grange is the perfect magnet. It's a hub for all of us.

Please renew your membership for 2023. YOU are so important to us, and to your Grange community! Membership application is on the last page of this newsletter. Individual memberships are \$35 a year. Family memberships are \$70.

Welcome to the Grange!

Whitepine Grange #102 Officers 2022

- President: Jan Manning
- Vice-President: Carolyn Nesbitt
- Secretary: Patty English
- Treasurer: Kathy Hill
- Advisor: Peggy Carlson
- Chaplain: Susan McFarland
- Greeter: Arne Carlson
- Executive Committee: Gene Pope,
Debbie Mason
Ron Kilbury

Grange Calendar December 2022

- Thurs., Dec. 1 Rockin' Walkin' 10am
- Sun., Dec. 4 Dog Agility, 2pm
- Mon., Dec. 5 Tumbling, 4:30
- Tues., Dec. 6 Line Dance, 3pm
- Wed., Dec. 7 Rough & Rowdy Dogs, 10:30am
- Wed., Dec. 7 Rally Drop-In, 2pm
- Thurs., Dec. 8 Rockin' Walkin' 10am
- Sat., Dec. 10 Private Party
- Sun., Dec. 11 Dog Agility, 2pm
- Mon., Dec. 12 Tumbling, 4:30
- Tues., Dec. 13 Line Dancing, 3pm
- Wed., Dec. 14 Rough & Rowdy Dogs, 10:30
- Wed., Dec. 14 Rally Drop-In, 2pm
- Thurs., Dec. 15 Rockin' Walkin' 10am
- Sun., Dec. 18 Dog Agility, 2pm
- Mon., Dec. 19 Tumbling, 4:30
- Tues., Dec. 20 Line Dancing, 3pm
- Tues., Dec. 20 Avalanche Class, 6pm
- Wed., Dec. 21 Rough & Rowdy Dogs, 10:30am
- Wed., Dec. 21 Rally Drop-In, 2pm
- Thurs., Dec. 22 Rockin' Walkin', 10am
- Sun., Dec. 25 MERRY CHRISTMAS!!
- Tues., Dec. 27 Line Dancing, 3pm
- Tues., Dec. 27 Grange Holiday Party 5:30pm
- Wed., Dec. 28 Rough & Rowdy Dogs, 10:30
- Wed., Dec. 28 Rally Drop-In, 2pm
- Thurs., Dec. 29 Rockin' Walkin' 10am

And coming up . . .

**Whitepine Grange's
85th Anniversary Celebration
Sunday, Jan. 15, 2 to 6pm
LIVE MUSIC & DANCING
Silent Auction & Bucket Raffles
Popcorn & Goodies**





Whitepine Grange Holiday Party

Tues., Dec. 27, 2022, 5:30 to 8pm
Potluck Feast at 5:30

*followed by an "Aggie Gift Exchange"
and Bingo! All Grange members and their
families are welcome!*



Aggie Gift Exchange:

Bring a wrapped gift of about
\$10 value that has an
AGRICULTURAL theme. We will
draw numbers and you pick a
gift!

Nominations now open for Executive Committee member

Our Whitepine Grange bylaws stipulate that we elect new officers every two years, so the officers elected last year still have one more year to serve in their current positions. The only exception to that is the Executive Committee, which consists of three members, one of whom must be replaced each year.

The Executive Committee's job is to help manage Grange business between the monthly Grange meetings. This includes decision-making (i.e., which bid to accept on a major remodel project); crisis intervention (i.e., what to do if the water pipes freeze up) and scrutinizing the Grange's books and records. It's an important "on call" job.

Nominations will be taken all month. Send your nominations for Executive Committee to:

Patty English, Secretary
P.O. Box 1313
Trout Creek, MT 59874

Or you may EMAIL her at
whitepinelady@yahoo.com.

The election will be held at the next Grange meeting, Dec. 27.

Grange scholarship apps are due by February 23!

The Montana State Grange has scholarship money available for high school seniors and GED grads to continue their education in college or certified trade schools. The application for applying is Feb. 23.

Applicants need not be Grange members, but must meet other criteria including a 2.5-point grade point average. The applicant must be

a high school graduate or have an equivalent GED at the time the scholarship is paid. At the time the scholarship is paid, the applicant must be enrolled as a full-time student (based on the educational institution's definition of full-time for under-graduate or graduate studies). Proof of registration must be provided at the actual time of the scholarship payment.

For complete judging criteria and an official application form, email Jan Manning at whitepinegrange@gmail.com. Remember that applications must be sent to the Montana State Grange secretary in Helena and **postmarked by Feb. 23**.

Don't let this money go unclaimed! The Grange works hard to provide this financial assistance for Montana's young graduates, and we want to insure that it goes to deserving individuals.



You still have time to shop for our adopted Christmas family!

Whitepine Grange has adopted a family for Christmas. The family's identity is protected by Sanders County Coalition for Families (SCCF), a nonprofit that identifies and assists families who are displaced or in crisis due to domestic violence or other sad circumstances.

Our family consists of a young mother with three children: two girls ages 5 and 8, and one boy, age 3. SCCF has given us a list of their greatest wants and needs, including clothing sizes. Would you like to shop for this family? Contact Jan Manning (sandersagility@gmail.com) for the list of needed items. **All purchased items should be delivered to the SCCF office in downtown Thompson Falls by Dec. 9. All gifts should be new, and UNWRAPPED.**



Whitepine Grange turns 85 years old in January 2023!

Come to the Party!!

Sunday
Jan. 15, 2023

3 to 6pm
at
Whitepine
Grange

Save the
date!!



FREE ADMISSION!

Live Music

Dancing

Bucket Raffles

Silent Auction

Goodies

Door Prizes

Watch for
more details
coming soon!!

Donations & Proceeds will be shared with Trout Creek School Library!

Bingo Night raises \$100 for Community Harvest Food Bank

Our Grange's monthly meeting was Tues., Nov. 22, and we initiated our "Bingo for a Cause" program, resulting in \$100 cash raised for the food bank in Thompson Falls.

Our Bingo Nights are FREE, but we take donations and split them with another nonprofit in the local area. The Nov. 22 turnout was small, due to weather and competition from the wine-tasting event at the Wayside in Trout Creek. But those who came to the Grange had a great time that night and took home some nice little prizes for their efforts.



Proud owners of new dictionaries!

All the third-graders in Trout Creek School, Noxon Elementary, and Trout Creek Adventist School received new dictionaries, compliments of Whitepine Grange last month. Patty English, Carolyn Nesbitt and Peggy Carlson distributed the books to the excited youngsters. The “Words for Thirds” program is an annual project for Whitepine Grange and other service organizations across the country.



Avalanche Awareness Class on Tues., Dec. 20

Do you enjoy the backcountry during the snowy months? Educate yourself about avalanche safety, preparedness and survival! The Idaho Panhandle Avalanche Center will present its excellent program at Whitepine Grange on Tues, Dec. 20, at 6pm. This class is open to the public and free of charge. Becoming “Avalanche Aware” could save the lives of you and your backcountry friends. Don’t miss this special presentation!

A promotional poster for an avalanche awareness class. The background is dark blue with white topographic contour lines and snowflake patterns. At the top, it says "IDAHO PANHANDLE AVALANCHE CENTER" in white. Below that, "AWARENESS" is written in large, bold, white letters. Underneath, the location is given: "WHITEPINE GRANGE #102" and "9 FARO LANE, PO BOX 1313, TROUT CREEK, MT 59874". At the bottom, there are three logos: on the left, "FRIENDS OF SCOTCHMAN PEAKS WILDERNESS" with a mountain range icon; in the center, the circular logo for "IDAHO PANHANDLE AVALANCHE CENTER IPAC" featuring a silhouette of a person with a flag; and on the right, the "20 YEARS KANIKSU LAND TRUST" logo with a green ribbon banner.



Glimpses of Grange Life at Whitepine Grange #102 (2022)





Welcome these new Whitepine Grange members!

This month's new Grange members are **Jan Aumiller, Sharon Thompson, and Sue Scott**, all from Trout Creek. We salute you!



Celebrate these Grangers' special days this month!

Happy Birthday!

Dec. 2—Debb McNary

Dec. 6—Patty English

Dec. 10—Carolyn Nesbitt

Dec. 29—Chelle Mitchell

Dec. 29—Stephen Cobb

Dec. 31—Tricia Cottrell

Dec. 31—Juanita Triplett

"Come bounce with us!"

Fitness classes expand with new evening rebounding class

It's called a "rebounder" and, according to medical and fitness professionals, it can work miracles. Whitepine Grange will be offering a six-week class in "rebounding," meeting Thursday evenings at 5:30pm beginning Jan. 12.

A rebounder is a mini-trampoline. Working out on a rebounder is like child's play with many benefits. Besides burning calories, the rebounder can also strengthen the immune system and detoxify lymph nodes. It's low impact, so it's safe for anyone with joint issues. It helps build bone mass and muscle while improving posture and balance.

Each class session lasts 45 minutes and will incorporate warm-up, cool-down and light stretching. Light weights will also be available to enhance your rebounder workout.

Advance registration is required. Class size is limited to six students. Fee is \$30 for the six weeks. To register, contact instructor Jan Manning at sandersagility@gmail.com.

The popular Thursday morning "Rockin' Walkin" classes will continue to meet at 10am. This morning class is a drop-in, with no pre-registration necessary. "Rockin' Walkin" is geared toward senior and less active adults who need to return to exercise in a gentle, low-impact way. This 60-minute class will give you the equivalent of a brisk two-mile walk, done in time to some great hit songs from the past several decades. We get creative in this class and have a lot of fun with props.

This is an ideal small class for people who want to get moving but feel intimidated, klutzy or self-conscious! It's super supportive, easy, and effective. Drop-in fee is \$5, or 5 visits for \$20.



Dog training classes help you AND the Grange!

Manners training, socialization, competitive dog agility, competitive rally, competitive obedience, impulse control classes...you can find them all at Whitepine Grange. Private lessons are also available for very nominal fees, all of which are donated back to Whitepine Grange. For more information, check the Whitepine Grange website (www.whitepinegrange.com) or contact Jan Manning at sandersagility@gmail.com.



Join Whitepine Grange today!

For yourself, your family, your rural neighbors & community!

Name: _____

Mailing Address _____

City _____ State _____ Zip _____

Date of Birth ____/____/____ Phone _____

Email (please print clearly) _____

What are your hobbies? (so we can plan programs of interest to you and maybe utilize your expertise)

MEMBERSHIP TYPES

- Individual Membership: \$35/year ← (Circle the one you choose)
- Family Membership: \$70/year ←

Signature _____ Date _____

Please make checks to "Whitepine Grange #102"

Return this form, with payment, to any Whitepine Grange officer, or mail to:

Whitepine Grange #102
PO Box 1313
Trout Creek, MT 59874



Seven winning reasons to join Whitepine Grange:

- Build a support network with your rural neighbors.
- Great monthly programs on topics of local interest.
- Family friendly activities like potlucks, parties, dances and Bingo.
- Community service projects like highway cleanup, the dictionary program, Family & Friends shut-in outreach, and military care packages.
- Exercise classes for all ages.
- A gathering place for neighbors.
- Your membership dollars help pay for upgrades and maintenance for this historic building. Whitepine Grange was chartered in 1938. The building was constructed in 1961. In 2022 the Grange is still going strong! Join Whitepine Grange #102 and become part of its long, wonderful story!

This Section for use by Whitepine Grange Secretary Only

Application received on _____ Dues received on _____

Amount of Dues Received _____

Form of payment: Check Cash Other

Type of Membership: Individual Family